

# Coastal Running Club

## Race 19 Gawler

Sponsor - Cradle Coast Wellness Alana Carpenter

6km	Surname	First Name	Nominated Time	Actual Time	Time Difference
	Reimer	Alex	0:26:00	0:26:07 +	0:00:07
	Troughton	Mary-Lou	0:36:03	0:36:10 +	0:00:07
	Wilson	Thomas	0:23:30	0:23:43 +	0:00:13
	Riley	Brett	0:36:00	0:36:15 +	0:00:15
	Robertson	Aaron	0:24:40	0:25:00 +	0:00:20
	Wisniewski	Sheree	0:32:35	0:32:13 -	0:00:22
	Bates	Andrew	0:25:00	0:25:25 +	0:00:25
	Denby	Craig	0:30:40	0:30:14 -	0:00:26
	van Rooyen	Dallas	0:26:00	0:26:28 +	0:00:28
	Hughes	Eric	0:39:02	0:38:27 -	0:00:35
	Heazlewood	Garry	0:38:20	0:37:37 -	0:00:43
	Fedosejevs	Richard	0:32:30	0:31:41 -	0:00:49
	Page	Rowan	0:30:47	0:29:54 -	0:00:53
	Troughton	Ken	0:34:49	0:35:52 +	0:01:03
	Kable	Adam	0:28:35	0:27:30 -	0:01:05
	D'Monte	Michelle	0:30:15	0:29:07 -	0:01:08
	Saltmarsh	John	0:28:06	0:29:14 +	0:01:08
	Shepherd	Lorraine	0:35:00	0:33:37 -	0:01:23
	Mason	Tobin	0:28:00	0:26:37 -	0:01:23
	Mason	Karina	0:38:26	0:39:53 +	0:01:27
	Horton	Ann	0:34:34	0:33:04 -	0:01:30
	Bates	Micheal	0:26:30	0:28:12 +	0:01:42
	Young	Stuart	0:25:40	0:27:38 +	0:01:58
	Chequer	Ron	0:36:03	0:33:54 -	0:02:09
	Snare	Peter	0:33:03	0:37:36 +	0:04:33
	Mason	Sven	0:38:10	0:32:52 -	0:05:18
	Horton	Russell	0:37:10	0:30:07 -	0:07:03
	Lakeland	Adrian	0:27:00	0:37:38 +	0:10:38

4.5km	Surname	First Name	Nominated Time	Actual Time	Time Difference
	Moorby	Cathy	0:28:00	0:27:57 -	0:00:03
	McKeown	Steven	0:22:50	0:22:57 +	0:00:07
	Kelly	Shannon	0:27:36	0:27:20 -	0:00:16
	Graham-Jones	Rachael	0:32:00	0:31:39 -	0:00:21
	Wing	Greg	0:28:10	0:27:47 -	0:00:23
	Kable	Allison	0:28:40	0:28:14 -	0:00:26
	Hughes	Val	0:41:14	0:40:37 -	0:00:37
	Loudon	Halina	0:29:10	0:29:57 +	0:00:47
	Page	Tania	0:32:01	0:31:07 -	0:00:54
	Paine	Brian	0:31:30	0:32:28 +	0:00:58
	Spinks	Ray	0:25:25	0:26:24 +	0:00:59
	Bates	Chloe	0:20:07	0:21:46 +	0:01:39

Moodie	Susan	0:28:00	0:26:11 -	0:01:49
Wilson	Angela	0:25:10	0:27:17 +	0:02:07
Agatyn	Martin	0:27:45	0:29:55 +	0:02:10
Ward	Thomas	0:22:31	0:24:56 +	0:02:25
Prescott	Maggie	0:30:10	0:27:39 -	0:02:31
Page	Rhys	0:24:42	0:27:16 +	0:02:34
Lockhart	Leanne	0:31:25	0:28:51 -	0:02:34
Purton	Lisa	0:31:20	0:34:10 +	0:02:50
Luttrell	Natalie	0:31:15	0:34:11 +	0:02:56
Bruggeman	Peter	0:39:00	0:35:59 -	0:03:01
Brown	Wendy	0:27:17	0:30:20 +	0:03:03
Brown	Tali	0:27:07	0:23:59 -	0:03:08
Ward	Bradley	0:28:12	0:31:22 +	0:03:10
Walsh	Amanda	0:36:20	0:39:47 +	0:03:27
Gaffney	Tony	0:35:45	0:39:32 +	0:03:47
Bruggeman	Arlette	0:30:00	0:34:11 +	0:04:11
Horton	Nina	0:42:31	0:47:06 +	0:04:35
Young	Nick	0:25:00	0:29:51 +	0:04:51
van Rooyen	Sharni	0:26:30	0:31:37 +	0:05:07
van Rooyen	Lucy	0:23:49	0:31:23 +	0:07:34
Ward	Michael	0:32:00	0:48:09 +	0:16:09
Ward	Cayla	0:29:20	0:48:10 +	0:18:50

1.5km	Surname	First Name	Nominated Time	Actual Time	Time Difference
	Aitken	Keryn	0:11:30	0:11:29 -	0:00:01
	Aitken	Quinn	0:11:30	0:11:28 -	0:00:02
	Riley	Lachlan	0:06:45	0:06:52 +	0:00:07
	Auton	Shanae	0:11:12	0:11:23 +	0:00:11
	Ling	Caleb	0:07:10	0:07:25 +	0:00:15
	Auton	Belinda	0:11:15	0:11:31 +	0:00:16
	Crawford	Ava	0:07:37	0:07:56 +	0:00:19
	Ling	Barry	0:07:55	0:08:19 +	0:00:24
	Kable	Fletcher	0:06:40	0:07:13 +	0:00:33
	Crawford	Mitchell	0:07:42	0:08:16 +	0:00:34
	Lynch	Naitana	0:19:15	0:18:40 -	0:00:35
	Brown	Kirra	0:07:50	0:08:29 +	0:00:39
	D'Monte	Heidi	0:06:10	0:06:55 +	0:00:45
	Riley	Brooke	0:08:30	0:09:20 +	0:00:50
	Aitken	Paige	0:10:00	0:10:51 +	0:00:51
	Kable	Heidi	0:07:05	0:08:18 +	0:01:13
	Lakeland	Zoe	0:23:00	0:21:45 -	0:01:15
	Luttrell	Trinity	0:06:03	0:07:34 +	0:01:31
	Brown	Tia	0:06:29	0:08:02 +	0:01:33
	Purton	Connor	0:06:43	0:08:17 +	0:01:34
	Wing	Wendy	0:12:38	0:11:02 -	0:01:36
	Purton	Lachlan	0:06:40	0:08:32 +	0:01:52
	Troughton	Mackenzie	0:06:37	0:08:31 +	0:01:54
	Troughton	Dominic	0:06:30	0:08:32 +	0:02:02
	Reimer	Sophie	0:10:30	0:12:47 +	0:02:17
	Kable	Pippa	0:08:25	0:10:45 +	0:02:20
	Filleul	Chloe	0:10:00	0:12:24 +	0:02:24
	Esterhuizen	Anabelle	0:18:30	0:21:03 +	0:02:33
	Filleul	Emily	0:21:21	0:18:41 -	0:02:40
	Esterhuizen	Chris	0:18:00	0:21:04 +	0:03:04
	Page	Lauren	0:08:27	0:11:45 +	0:03:18
	Lakeland	Sarah	0:25:00	0:21:42 -	0:03:18

deVries	Maxine	0:15:10	0:18:36 +	0:03:26
Denby	Carol	0:22:30	0:18:38 -	0:03:52
Locke	Robyn	0:27:00	0:21:44 -	0:05:16
Filleul	Debbie	0:25:00	0:18:43 -	0:06:17

### Helpers

Filleul	Declan
Leary	Gerard
Smith	Christine
Smith	Robin